



Home Health Cheat Sheet



Workers' compensation cases resulting in the need for home health care require specialized expertise to provide a seamless and customized transition of care. Whether an individual requires simple or complex home health, Apricus leverages a strong national network of credentialed home health care providers to coordinate the appropriate level of care for each injured employee, in a timely and compassionate manner.

Decrease Spend and Speed Recovery

If not managed appropriately, home health care can increase the cost of a workers' compensation claim, and early recovery is one way to produce significant savings. Our knowledgeable Care Coordinators are available 24/7 to accept referrals and work collaboratively with claims professionals to develop a customized assessment and individualized action plan for optimum employee care. Our local and national providers cover a range of specialties:



Skilled Home Nursing

Skilled home nursing services follow the physician's care plan to treat, prevent and manage an injured employee's condition. These services may include:

- Vital sign monitoring
- Medication administration
- Medical treatments
- Wound care
- Symptom tracking
- I.V. therapy

In addition to these tasks, the nurse plays a crucial role in maintaining communication between the injured employee's physician and caregivers.



Home Health Aides

The most common form of home health; a home health aide is a professional who provides non-medical personal care-related services and assists with tasks such as:

- Getting out of bed
- Walking
- Standing
- Bathing
- Dressing
- Eating
- Cooking
- Transfers between medical equipment



Companions and Homemakers

A homemaker or companion can offer both comfort and supervision, ensuring a supportive and reassuring presence. While they typically do not provide any personal care or nursing, they may help perform household duties such as:

- Meal preparation
- Laundry
- Grocery shopping
- Medication reminders
- Housekeeping



In-Home Therapy

Therapists specialize in aiding injured employees to regain lost abilities, promoting full functionality and independence. This approach may include:

Physical Therapy: Physical therapists assist in regaining or strengthening muscles and joints. Through techniques like stretching and guidance on using special equipment, they aim to promote mobility, maintain strength, and alleviate pain.

Occupational Therapy: Occupational therapists aid in relearning daily functions such as eating, bathing, and dressing, with the goal of maintaining or improving independence. They also assess home or workplace environments, making recommendations to facilitate performing tasks independently.

Respiratory Therapy: Respiratory therapists assess breathing issues, instruct injured employees in techniques and exercises for easier breathing and provide guidance on equipment usage.

Speech Therapy: Speech therapists assist in regaining clear communication by assessing and managing speech, chewing, and swallowing difficulties. They recommend devices and exercises for communication facilitation, along with teaching techniques to enhance safe eating and drinking abilities.

Whether it is home health, durable medical equipment, hospital discharge planning, or another specialty solution, we offer a one-stop-shop experience to make sure those recovering from an injury get what they need, when they need it.

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